

# Ken Rohla's Biography

**Kenneth W Rohla**  
**Fresh And Alive**  
**PO Box 291908**  
**Port Orange, FL 32129-1908**  
**386-478-0068 Tel**  
**386-957-7000 Fax**

**Web site: [www.freshandalive.com](http://www.freshandalive.com)**  
**Blog: [www.freshandaliveclub.com](http://www.freshandaliveclub.com)**  
**[www.youtube.com/freshandalive](http://www.youtube.com/freshandalive)**  
**Press kit: [www.presskit.freshandalive.com](http://www.presskit.freshandalive.com)**

## **Bio- Long (332 Words, 2,226 Characters Including Spaces)**

Ken Rohla is a natural health educator and inventor from New Smyrna Beach, Florida, specializing in rejuvenation and cellular regeneration using a live plant-based diet, herbs and natural supplements, detoxification, emotional healing, reprogramming of limiting unconscious beliefs, ancient esoteric techniques, and cutting-edge science.

Formally educated in electrical engineering and computer science, Ken worked for 23 years in the medical industry, from the patient level drawing blood in hospital emergency rooms, to the national policy level, showing healthcare executives how to implement technology, as computer operations manager for the North Carolina Hospital Association.

In 1993, at the age of 32, Ken was first exposed to natural healing in a search to cure severe hypoglycemia and other health problems he had acquired from a lifetime of poor diet and lifestyle. Eight years and many thousands of dollars later, after trying a litany of diets, products, potions, and pills, Ken found permanent success with living food nutrition and detoxification. After repeated requests from friends to share what he had learned, Ken began teaching workshops on detoxification and rejuvenation in 2003, and demand for his services exploded.

A cutting-edge researcher, Ken has studied with many pioneers in the sciences and natural health field, including Gabriel Cousens, MD; Drs. Brian and Anna Maria Clement; David Wolfe; Dr. Robert Morse; Viktoras Kulvinskis; Brenda Cobb; and many others. In 2005, Ken was certified as a natural health educator by Hippocrates Health Institute in West Palm Beach, Florida. In 2005, Ken became certified as a natural health educator by

Hippocrates Health Institute in West Palm Beach, Florida, and in 2006 was honored to work with Coretta Scott King, wife of the late Dr. Martin Luther King, Jr.

Currently Ken's focus is developing natural solutions for new severe threats to our health, such as bioweapons, nanotechnology, nuclear radiation, geoengineering pollutants, genetically modified foods and microorganisms, electromagnetic pollution, depleted food, and other issues.

Ken's main web site is **www.freshandalive.com**, and he has a private membership site with exclusive, cutting-edge information at **www.freshandaliveclub.com**.

### **Bio- Medium (203 Words, 1,427 Characters Including Spaces)**

Ken Rohla is a natural health educator and inventor from New Smyrna Beach, Florida, specializing in rejuvenation and cellular regeneration using a live plant-based diet, herbs and natural supplements, detoxification, emotional healing, reprogramming of limiting unconscious beliefs, ancient esoteric techniques, and cutting-edge science.

With a background in electrical engineering, physics, and computer science, for 23 years Ken worked a variety of jobs in the medical industry, from the patient level to the national policy level.

A cutting-edge researcher, Ken has studied with many pioneers in the natural health field, including Gabriel Cousens, MD; Drs. Brian and Anna Maria Clement; David Wolfe; Dr. Robert Morse; Viktoras Kulvinskas; Brenda Cobb; and many others. In 2005, Ken became certified as a natural health educator by Hippocrates Health Institute in West Palm Beach, Florida, and in 2006 was honored to work with Coretta Scott King, wife of the late Dr. Martin Luther King, Jr.

Currently Ken's focus is developing natural solutions for new severe threats to our health, such as bioweapons, nanotechnology, nuclear radiation, geoengineering pollutants, genetically modified foods and microorganisms, electromagnetic pollution, depleted food, and other issues.

Ken's main web site is **www.freshandalive.com**, and he has a private membership site with exclusive, cutting-edge information at **www.freshandaliveclub.com**.

**Bio- Short (39 Words, 242 Characters Including Spaces)**

Ken Rohla is a natural health educator, researcher, and inventor from New Smyrna Beach, Florida. He offers cutting-edge products and services for regaining and optimizing health naturally using ancient wisdom and cutting-edge science. He may be contacted at [www.freshandalive.com](http://www.freshandalive.com).